

SENIOR A	SENIOR B	U/23
Free State A	Free State B	Free State
Gauteng A	Mpumalanga B	Gauteng
KZN	Northern Cape B	Limpopo
Limpopo A	DCS	Mpumalanga
Mpumalanga A		Northern Cape
Northern Cape A		
Lesotho		

RULES

Games will be played according to the IHF Rules
 Time schedule is as follows: 4 x 15 minutes intervals of 3.5 x 3 minutes. 15 Minutes between rounds
 Divisions A and U23 will play a single Round Robin, no extra time during play of Round Robin.
 Play offs will be two Semi Finals: Position 1 vs Position 4 and Position 2 vs Position 3. Final: Play - Winners of Semi Finals; Position 3/4: Play - Losers of Semi.
 Semi: Play offs for position 5/6 will be between position 5 and 6 on the leg.
 Division B will play a double Round Robin, no extra time during play of Round Robin
 Play offs will be two Semi Finals: Position 1 vs Position 4 and Position 2 vs Position 3. Final: Play - Winners of Semi Finals; Position 3/4: Play - Losers of Semi.
 During the play offs with a draw extra time will be played as follows: 4 minutes rest 7 minutes play 1 minute rest 7 minutes play, still a draw match continues until a team had a lead of 2 goals.
 With a draw on the leg, goal average up to the fourth decimal will be used to determine a winner. If the goal average is the same, the winner in the Round Robin will be the team to advance to the play offs or before the other team on the leg.
 In case of a team withdrawal during competition, Goal average formula will be: goals for/goals against/games play.

MONDAY 5 DECEMBER 2022					
Court	1	2	3	4	5
Division	u23	u23			
08:30	Mpumalanga vs Free State	Gauteng vs Northern Cape			
Division	Senior A	Senior B			
09:45	Free State A vs Lesotho	Free State B vs Mpumalanga B			
Division		Senior A			
11:00		KZN vs Mpumalanga A			
Division	u23	Senior B			
12:15	Limpopo vs Mpumalanga	DCS vs Northern Cape B			
Division	Senior A	Senior A			
13:30	Northern Cape A vs Gauteng A	Limpopo A vs Free State A			
15:00	OPENING				
TUESDAY 6 DECEMBER 2022					
Court	1	2	3	4	5
Division	Senior B	Senior B	Senior A		
08:30	Mpumalanga B vs DCS	Northern Cape B vs Free State B	Free State A vs Gauteng A		
Division	Senior A	Senior A			
09:45	Limpopo A vs Northern Cape A	Mpumalanga A vs Lesotho			
Division	u23	u23			
11:00	Limpopo vs Northern Cape	Gauteng vs Free State			
Division	Senior A	Senior B			
12:15	KZN vs Free State A	Northern Cape B vs Mpumalanga B			
Division	Senior A	Senior A			
13:30	Lesotho vs Gauteng A	Limpopo A vs Mpumalanga A			
Division	Senior A	Senior B			
14:45	KZN vs Northern Cape A	Free State B vs DCS			
16:00	HAPPY HOUR GAMES				
WEDNESDAY 7 DECEMBER 2022					
Court	1	2	3	4	5
Division	Senior A	Senior A	Senior A		
08:30	Lesotho vs KZN	Mpumalanga A vs Free State A	Gauteng A vs Limpopo A		
Division	Senior B	Senior B			
09:45	Mpumalanga B vs Free State B	Northern Cape B vs DCS			
Division	u23	u23			
11:00	Northern Cape vs Mpumalanga	Gauteng vs Limpopo			
Division	Senior B	Senior A			
12:15	Free State B vs DCS	Mpumalanga A vs Northern Cape A			
Division	Senior A	Senior A			
13:30	Gauteng A vs KZN	Lesotho vs Limpopo A			
Division	u23	Senior A	Senior B		
14:45	Free State vs Northern Cape	Northern Cape A vs Free State A	Mpumalanga B vs Northern Cape B		
16:00	HAPPY HOUR GAMES				
THURSDAY 8 DECEMBER 2022					
Court	1	2	3	4	5
Division	u23	u23			
08:30	Limpopo vs Free State	Gauteng vs Mpumalanga			
Division	Senior B	Senior B			
09:45	Free State B vs Northern Cape B	DCS vs Mpumalanga B			
Division	Senior A	Senior A	Senior A		
11:00	Limpopo A vs KZN	Gauteng A vs Mpumalanga A	Northern Cape A vs Lesotho		
Division	u23	u23			
12:15	Semi Final A Position 1 vs Position 4	Semi Final B Position 1 vs Position 2			
Division	Senior B	Senior B			
13:30	Semi Final A Position 1 vs Position 4	Semi Final B Position 1 vs Position 2			
Division	Senior A	Senior A			
14:45	Semi Final A Position 1 vs Position 4	Semi Final B Position 1 vs Position 2			
16:00	HAPPY HOUR GAMES				
FRIDAY 9 DECEMBER 2022					
Court	1	2	3	4	5
Division	Senior B	Senior A			
08:30	Play off for Position 3/4: Loser SF A vs Loser SF B	Play off for Position 6/5: Position 5 vs Position 6			
Division	u23	Senior A			
09:45	Play off for Position 3/4: Loser SF A vs Loser SF B	Play off for Position 3/4: Loser SF A vs Loser SF B			
Division	u23	Senior B			
11:00	Final: Winner SF A vs Winner SF B	Final: Winner SF A vs Winner SF B			
Division	Senior A	Senior A			
12:15	Final: Winner SF A vs Winner SF B	Final: Winner SF A vs Winner SF B			